



FROM THE CAPTAIN...

The photographs which record our Black History Festival this month recall an especially memorable occasion in the life of Skaggs Island. Black History committee planned events throughout the month, including special Galley meals, a showing of the film, "The Color Purple" and Plan-ofthe-Day history lessons. But the highlight for me was the 17 February celebration at the Islander. This festival combined music, poetry, a play and a guest speaker into a terrific tribute to the contributions of Black Americans and religion to our history. For me, it was the participation of my shipmates which made our celebration so special and memorable. I extend a huge "thank you" and "Well Done" for the celebration of our heritage.

CULTURAL PLAYERS CELEBRATE BLACK HISTORY



Will certainly has these moves well rehearsed.



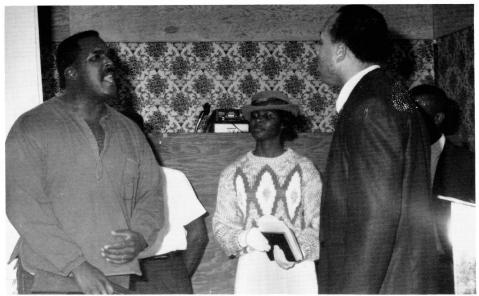


Calm down child! Do you need a little air?
Poised for poetry.

FRONT COVER: CTA3
Patricia O"Neal Sings
her rendition of
"Precious Lord" during
the Black History Month
Celebration.

BACK COVER: VADM Studeman congratulates CTA1 Augustin Larraga on selection as Sailor of the Year.

Unless otherwise noted, photos, articles and layout concepts are done by the PAO staff. Published monthly in accordance with NAVSO P-35. All opinions expressed are those of the writers and do not necessarily reflect those of the Navy. This publication receives services from the Armed Forces Press Services (AFPS) and the Navy Editor Service (NES).



It seems that this "Natural Man" has his own opinion!



The Skaggs Island Cultural Players (LtoR) SN Aretha Childres, CTO1 Chuck Durley, LT Jim Cole, CTO3 Sheila Hunter, SA Tanja Balentine, CTR2 Shellie Northington, CTA2 Janice Young, CTT2 Wanda Owens, CTR1 Wil Vaughn, CTA3 Pat O'Neal, SK2 Jerome Jones, CTM1 Lance Brown and DM2 Mike McGrath.

LARRAGA MAKES SAILOR OF THE YEAR







Valerie Brown, President of the Sonoma Chamber of Commerce, presented CTA1 Augustin Larraga with a letter of Commendation.

CTACS Sandra Pedersen, President of the CPOA, presents CTA1 Augustin Larraga with a savings bond in recognition of his being selected Sailor of the Year.

CAPT Joe Lewis (RET), President of the Napa Navy League, presented CTA1 Augustin Larraga with a Letter of Commendation.

DON'T STOP EXERCISING BECAUSE IT'S COLD

By Tom Joyce (American Forces Information Service)

Edited by DM2 Michael A. McGrath

It's winter. And some of those living in the colder climates have hibernated for the season, becoming the very best couch potatoes they can.

Don't. That's Jack E. McKenzie's advice. He is an Associate Professor of Physiology at the Uniformed Services University of the Health Sciences, the nation's only military medical school. "Research shows that the body begins to decondition immediately after a person stops exercising regularly. After 21 days, tests for maximum oxygen consumption can even be below the point when a person started conditioning."

Each year thousands of military and civilian personnel embark on ambitious "get into shape" programs, enduring the pain and soreness associated with using muscles forgotten during the winter. That's because it can easily take up to 30 days for a person who has been sedentary to regain a normal level of physical fitness.

McKenzie recommends keeping up with a fitness program yearround. "It isn't a legitimate reason to give up on fitness just because it's cold outside," he said. "If the cold bothers you, switch to indoor activities like basketball, aerobics or weight training."

A physical fitness program doesn't have to be at the totally exhausting level to benefit the individual. "Twenty minutes a day, three times a week, with a heart rate 70 percent of maximum will do it," said McKenzie.

If you have been sedentary for any period of time, it's a good idea to check with a physician before starting up again. Start slowly and build up to a desired level of fitness.

Cold weather doesn't mean a person has to give up outdoor activities. Two keys are to avoid hypothermia and frostbite. Hypothermia, or excessive loss of body heat, kills more

FEBRUARY 1989

than 1,000 Americans every year. A jogger drenched in sweat exposed to a sudden breeze in temperatures from 32 to 50 degrees can die as chilly a death as a stranded climber on a snowy mountain.

"The key, obviously, is to dress warmly," said McKenzie, a veteran runner who has braved temperatures of minus 20 degrees Fahrenheit on the Idaho plains. "But of even more importance to a cold-weather runner is avoiding frostbite." That means covering up the parts of the body that are most susceptible to injury - the hands, ears and face. The ears should be covered because they are so thin. Runners should wear gloves in cold weather and it's always a good idea to wear a hat since a lot of body heat is expended through the head.

Another problem associated with cold-weather running is coldinduced asthma. "People who run in very cold weather and breathe through their mouth are the most likely to suffer from cold-induced asthma," said Mr. McKenzie. "Simply put, when the cold air hits the bronchial tubes, it induces a spasm of the trachea and bronchus." Professor McKenzie also noted that the malady can be more pronounced when a person comes in from the cold weather

to a warm room. "The body release histamines, sometimes making it difficult to breath. Dressing warmly for cold-weather runners, then, should include not only gloves and a hat, but some type of scarf to warm the air before it enters the mouth...be sure to breathe only through the nose, which can be difficult sometimes...watch your diet very closely. [Eat] low fat, minimal cholesterol [foods] and cut down on the number of calories you normally consume."

Remember, what people don't eat today, they don't have to take off tomorrow. Or in the spring.

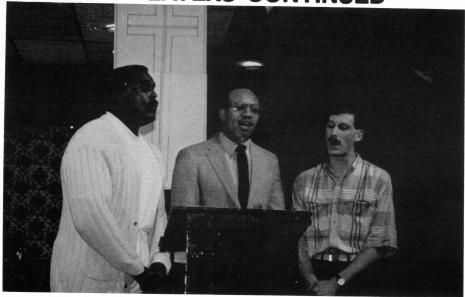
ATHLETE OF THE YEAR



Please join with CAPT Ehret in congratulating CTO2 Phil Zmuda on his being chosen Athlete of the Year!

More on page 18.

CULTURAL PLAYERS CONTINUED



There wasn't a lack of enthusiasm in these voices!

PIECES OF EIGHTY

Due to technical difficulties beyond 80's control, our December article was left out of that issue. The following items were deemed important enough to justify inclusion in this edition.

We say farewell to CTR1 Davis of 82 Division. He will be missed around 80 Department even though his tour has been short. "Well Done" for recently qualifying as a CPR instructor for the command. Fair winds and following seas, Joe!

Also, we express a farewell to CTO1 Kinnamont of 84 Division. His barreling voice will be soundly missed by his division and department. He transfered to Edzell in January, where he says, he will be looking forward to all the haggis stew he can eat. If you are not familiar

By CTM1 Rich Scutt

with how it's made, don't ask. It's tastier that way.

CTM1 Paul "Speedster"
Oksendahl, CTM1 Rick
"Max Effort" Scutt,
CTO1 Steve "Heavy Hand"
Tobias, and CTR1 Wil
"Jock" Vaughn received
LOA's from the last PRT
test for their
outstanding achievements. Congratulations! Keep up the
good performance. The
rest of us might get
there in 1995.

Also, congratulations to CTR1 Wil "Slammer" Vaughn for winning the recent Captain's Cup Table Tennis tournament. In slow motion you can see the ball cringing as his paddle power slams it across the net!

80 Department staff welcomes CTA1 Ed Stephan. He comes to us from Misawa, Japan (by way of our own Admin Department) with

ELDER R. JOHNSON PRESENTED PLAQUE



CTR1 Wil Vaughn presents a command plaque to guest speaker REV Elder R. Johnson.

a heavy background in the care and feeding of micro-computers. The rumored word is that he lifts a 1,000 disks with one hand, and sharp byting computers don't phase him. His talents have been put to good use already.

CTA1 Linda Peacher moves over to the command DAPA office to give them extra "manpower". We'll miss ya, Linda, but I'm sure we'll all have occasion to visit you on a random basis.

CTO1 Gary Cornelius moves to 80T and keeps everybody set for achieving rate. Watch out, his pen is mightier than his sword. Hats off to CTRCS Martfeld for getting the

department together for physical training as a group. He's really made it enjoyable and worthwhile for us all.

CTO2 Paul Fernandez will soon become CTO1 (congrats, Paul!), and hopes it will makeup for the Saints losing to the Niners. CTM2 "Mikey" Lines has donned "civvies" and departed for Indiana. is glad to have his beard back. CTO1 Bob Brooks, who has been LPOing for CTO1 Chuck Durley while he is TAD to San Diego, moved to 80 Department, temporarily as he swapped jobs with LT Joann Ammann for a day. think she had more fun than he did! And CTM1 Shellie Northington, his acting Department Chief, definitely had more fun - he's a born leader.

CTM1 Rick Scutt and CTO2 Steve Woitalla recently received a Letter of Appreciation from the Captain for their participation in the Navy Day Ball, and CTO2 Kevin Adams also received an LOA for being selected as 80 Department's nominee for Sailor of the Quarter.

And now for the rest of the (current) story...

Congratulations to CTO1 Paul Fernandez who was selected as 80 Department Programmer of the Quarter. Also, congratulations are in order to CTO1 Joe Watters and CTR1 Wil Vaughn for being nominated as Sailor of the Year. The competition

was decided by a very, very, narrow margin.

MUSIC Division has been hard at work on their next release. Now if we could just decide if it's going to be 2.5 or 3.0. CTO₁ Art "Racket Master" DeRose has again taken first place in Racquetball and Tennis (singles and doubles) and received his long overdue trophies. is also a member of the second place Christmas Tournament Basketball Team along with ENS Jim Jolley, CTOC Steve Layne, CTR! Wil Vaughn, CTR1 Larry Norgaard, CTO1 Jim Steele, CTR2 Shellie Northington, CTR2 Gil Valentin, and Demetrius "Ace" Osbey. As long as we are talking about basketball, I think we need to say thanks to the people who take all the flak during the games, namely the referees, CTR1 Wil Vaughn, CTO1 Jim Steele and CTR1 Gil Valentin.

Now, to the fantasy world of TAC-INTEL...yes, there is truth to the rumor that, "hot on the heels" of a highpowered software installation conducted aboard the USS PRINCETON by CTO1 Bob "Beetle-Bailey" Brooks and CTO2 Ron "Klinger" Powell, 83 Division really did conduct Leadsite testing of TACINTEL Release 4.0! On 18 January, LT Ammann and a small armada of programmers packed extra warm clothing, stormed through a line of angry flight atten-

dants, clawed their way through wave after wave of "heavily-armed" airport undesireables, and held numerous irrate frequent fliers at bay through not one, but two treacherous legs of a coach-class transcontinental flight, which would eventually deposit them in that sailor's paradise, Norfolk, Virginia! From their command post at NSGA Northwest, teamleader CTOC Steve "Topgun" Layne and a partially-disabled CTO2 Kevin "Traper John" Adams superlatively directed a "surgical" attack on an unsuspecting Norfolk Naval Base, where on-scene leader CTO1 Chuck "Cobra" Durley directed the first wave of "never-say-die" 83ers in a surprise afterbrow assault of the USS MT. WHITNEY, USS MISSISSIPPI, and USS T. S. GATES, quickly gaining control without sustaining any casualties. Some resistance was encountered from various RM's, but was effectively repelled by Chuck and his crew of CTO1 Bob "Beetle-Bailey" Brooks, CTO2 Steve "Radar" Woitalla and CTM2 Les "Hawkeye" Hockman. Meanwhile, back at the command post, repeated attempts by both NAVCAMSLANT and NAVCOMSTA STOCKTON at defeating the mission were squashed straightaway. Once the "beachhold" at Norfolk was well-entrenched, a second albeit smaller wave (a one-man army), consisting of CTO1 Paul

Continued on next page.

EIGHTY CONTINUED

"G. I. Joe" Fernandez, was dispatched to launch a surprise attack on the USS DEYO, moored unsuspectingly at Naval Station Charleston, some distance to the south. Simultaneously a surprise counterattack by the USS SAN JACINTO was quickly "subdued" by CTO1 Bob Brooks with nary a skirmish. Our long-range "outer-perimeter" defense forces of CTOC Alex "Cheech" Esquibel and CTO2 Ron "Klinger" Powell at Skaggs Island, provided the necessary technical assistance, allowed the main mission objective of effecting a realworld, operational test of TACINTEL Release 4.0 to be realized with measureable success. Attempts to minimize "Post-battle" fatigue, which was rapidly surfacing among the "battle-scarred" troops, proved futile. However, we all survived this "traumatic" experience and furthermore enjoyed the warmest weather Virginia has seen this winter. Anxious to return to "homebase", the troops departed their lavish quarters on the neardeserted Virginia Beach Boardwalk, to arrive safely at "home-sweethome". For some it was an uneventful ride home, for others quite the opposite, especially for those of us enjoying the deluxe limousine service, complete with luxurious upholstery, fantastic accoustics provided by

a complete sound system, and "mood lights". All in all we CAME, we DIVIDED and we CONQUERED.

BLACK AMERICA SPEAKS OUT

B.W.: What does Black History Month mean to you?

J.T. Faison (Islander Manager): It is a time to recognize the achievements of our Black ancestors, and to let our young people know that we as a race have something to be proud of.



B.W.: What contributions do you forsee in the future?

J.T.: Who can see into the future! I know there is no boundary to what men, black or white, are capable of.

B.W.: Why should we have a Black History Month?

CTA3 O'NEAL: So the Black people will be able to understand what our forefathers have done, and the achievements they have accomplished to inspire us to move higher.

B.W.: Name three significant contributions that Blacks have made in our country's history?

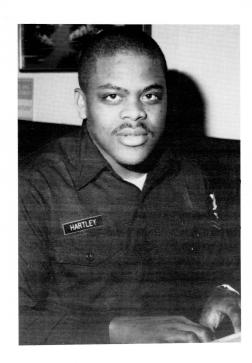


CTA3 O'NEAL: Martin
Luther King made it
possible for Black kids
to attend school with
white kids; Thurman G.
Marshall became the
first Black to sit on
the Supreme Court;
Daniel Williams became
the first Black doctor
to perform open heart
surgery.

B.W.: What does Black History Month mean to you?

YN3 Hartley: Black History Month means a long awaited recognition that Black Americans have been searching for.

B.W.: What contributions do you foresee in the future?



YN3 Hartley: I see many more Blacks becoming church-oriented. I feel religious leaders have provided spiritual guidance and support that have had a dramatic impact on Blacks.

B.W.: As a Black American, what contribution can you personally give?

YN3 Hartley: I can keep in step with "The Dream", that one day people of other races will look at me as a person first, and judge me by the content of my mind and not the color of my skin.

"A" TEAM UPDATE By CTA3 Mark Mikulski

Well, hello from Admin! First of all let's get some business taken care of like with the "comings": We all welcome and congratulate CTA1 "Auggie" Larraga for switching from 40 Department to 10 Department, and also for being selected as the Naval Security

FEBRUARY 1989

Group Activity Skaggs
Island Sailor of the
Year. Good job,
"Auggie". We want to
welcome Annette Labahn
to the "upstairs world
of Admin" from the Pass
office...finally!
She'll be working with
CTA3 "Travel" Fuller in
the SSO office, so all
you people who still
need SBI's completed,
come on up.

Speaking of "Travel"
Fuller, he's back from
his travel (or should I
say leave) in Alabama,
so I guess Alabama is
safe for a couple of
months anyway. Also a
little addition in Admin and the Nakiso
home; CTASN Nakiso and
his wife Geraldine had
a baby girl- Iris Nohea
Lehuanei. (Hey, Sama!
Where are the cigars
you promised?)

On the sport scene, it seems the Dayworkers are going for a second straight basketball trophy after winning the Christmas Basketball Tournament and a

4-0 start in the regular season, thanks to "3-point" Jackson, who sent the last game into overtime with the C&O's Continued on next page.

NEW CAR WASH



CAPT Ehret and BU1 Steve Allen cut the ribbon and officially open Skaggs Island's new car wash. Let the washing begin!



At the official opening of the new Car Wash here on Skaggs Island the crew from Facilities poses for a photograph. From L to R: CAPT Ehret, BU1 Allen, BUC Doll, CTTSA Hill, CTR3 Brisbane, Ms. Kathy Hart, LT Vogelsang, CECA Nunn.

"A" TEAM CONTINUED

eventually being beaten 98 to 95.

Well, that's about all the important news from Admin. See you in the next issue, mate.

SKIING UNDER THE STARS By LT Albin

Ever been night skiing? Darkness adds a new dimension to the experience. (No, the dimension is not danger.) As the sun sets, the mountain is bathed in a firelight gloss criss-crossed by notched tree shadows of coldest, cobalt blue. After the ruddy, bloody ball sinks out of sight, the cold and the twilight begin their chilly duet. The soft, slow, moist snow of midday crystallizes and becomes dry as a whisper. Before it becomes a treacherous sheath of ice, skiers turn the crust to powder: soft, fast, and easily car-A crush of purple streams across the sky, punctuated by brilliant diamond lights. It's colder and cozier at the same time, because the ceiling of heaven seems to have descended to a point not far above your head.

One moment you look away, and when you gaze returns to the mountainside it glows with blue-green mercury vapor light from a string of street lights snaking its way down from the summit. Visability on the slopes is excellent. In the still, frosty air, the

SPRING CLEANING



CTA1 "Auggie" Larraga, DM2 Mike McGrath and CTA3 Mark Mikulski do a little pre-spring cleaning.



Though the day was cold, wet and windy it didn't keep SA Tanja Balentine from the performance of her duties. (Official Broom Holder!)

snick and clack of rushing skis carries a great distance. The sun-worshipers have gone, bundled down the Interstate in stuffy cars, heading for fast food and television reruns. All that remain are the night skiers, the true believers, filling their lungs with cold, clean mountain air. At evening's end you point your skis downhill one last time, poised at the crest with your shipmates in casual array around you, and head for the yellow lights of the lodge twinkling far below.

Many ski areas offer night skiing, but one of the easiest and least expensive is Boreal, right on I-80, 10 miles east of Donner exit. Half-day rates start at 1300, and the lifts are open until 2200. The experienced skier may find it less than challenging, but it is perfectly suited to the beginning or intermediate skier. you've never skied under the stars, it's time you tried it.



MATMEN NEWS

By LT Markam

The word is out and yes, it's true: **NSGA** Skaggs Island has done it again! We've won the NAVSECGRU Maintenance Award for the second consecutive year! This award is presented to the large and small commands in NAVSECGRU for Cryptologic Maintenance Excellence. Winners are automatically nominated for the Defense Maintenance Excellence Award. Skaggs Island has had the NAVSECGRU nomination as the large command every year since 1985. Way to go, Maintenance!

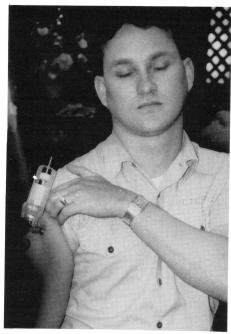
A warm welcome to CTM2 Axel Mahlmann who reported on board from sunny NSGA Sabana Seca. CTM2 Dave Gilland who arrived from NSGA Keflavik via our own NCO Maintenance school, CTA1 Roy Jardine who came from DCS Honolulu and CTMCS John Easley who has come from 30 Department. Petty Officer Mulhann is acclimating to Skaggs Island by helping out at the gates (what better way to meet people) before reporting to 30 Department for 10 weeks of OPU Mantenance training. Petty Officer Guilland is assigned to 44 Division, Petty Officer Jardine is the Electronic Maintenance Department's new administrator and Senior Chief Easley is developing some sophisticated data bases to help the department run

even more efficiently.

Farewell and following seas go to CTM2 James Cathey who leaves the department (but not very far) for our NCO Maintenance School.

Our own Senior Chief, John "The Gimp" Brod, was just released from Travis AFB Hospital after surgery on his knee. You'll be out playing softball again soon!

NEEDLE ITTLE FLU SHOT?



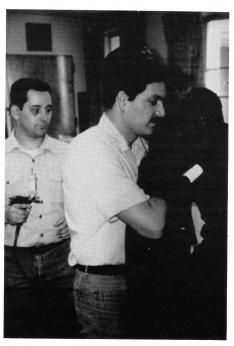
Just relax, this won't hurt a bit! Alright, just wake me when it's over.

CTM1 Paul (Rusty) and Brenda Rust had a new arrival in Kelsey Taylor, born 07 February.
If OFP supply doesn't keep you busy, Brenda, Kelsey certainly will.

Master Chief Dell (The Bull) Allred is a father eight times over. His little girl, Britania, is the proud mother of eight of the ugliest little bulldogs you ever did see. Congrats!

Warrant Officer
Hagedorn has invested
in a "Party Barge" for
those long weekends
with nothing to do.
Well Warrant, you can't
blame your equipment
when you get "skunked".
Are you sure your holding your mouth right?

Nothing but pride and hard work reaping rewards and good times in 40 Department. So, we in 40 Department wish everyone our good fortune and a happy Valentine's Day.

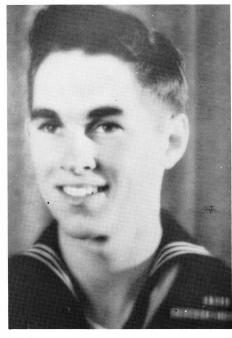


Mare Island's Medical personnel were ready and very eager to give Skaggs Islanders their yearly flu shot; right, CTT2 Gil Valentin?

CIVILIAN IN THE SPOTLIGHT

By DM2 Michael McGrath

"You know, I used to have hair!" stated Ken Burkhard, as he bent his head down so that I could see his "wide part". Retelling some of his seafaring experiences during World War II was Ken's forte. Listening, I felt as if I was right there with him, reliving each ex-"When we perience. were off Okinawa, a typhoon hit us. I was in my bunk while the ship was dropping and rolling and bouncing around. As the ship bounced, everyone would fly into the air off our bunks. My hair got caught in the springs of the bunk above me. As the guy in the bunk above me came down he would land on his mattress and my hair! I would be left hanging there!"



GM3/c Kenneth Burkhard 1945.

Ken was born on 2 August 1926, in Monroe, Wisconsin, the Swiss Cheese capitol of the United States. He joined the Navy Reserves and served as a Gunner's Mate during the war. Although he wanted to be an Electrician's Mate, the Navy needed more Gunner's Mates at the time, so off he went. Ken served on a freighter, a transport ship, an LST, a tanker and a destroyer. The first ship he served on was a tanker. He was in the Armed Guard at this time, and this meant that he was on board with a few other military personnel to ensure the ship's safety



Mr. Kenneth Burkhard now.

and to man the guns.
"Because the decks on
tankers are so low,
water is constantly
washing over them,
keeping them cool. My
friends and I would
catch flying fish which
would land on deck, and

Me would dry them.
Another time a bunch of us decided to go porpoise "fishing". Back then they weren't protected like they are today, so we had built ourselves a harpoon. Going topside, we decided that one of us would hold the line while the other would throw the harpoon. I was so excited that I was going to finally



catch something worth catching, I let go of the line I was supposed to be holding. Need-less to say, we lost the harpoon, and any chance of catching something with it.

"We were constantly at sea, going through the Curação and Aruba Channel to pick up oil for the fleet. The turbine engines hadn't yet had all the "bugs" worked out of them. When we would get a ways out, the engines would quit, and we would have to get towed into port. We never travelled with the convoys. If we had been



hit by enemy fire, the fuel would have ignited and blown the whole convoy to smithereens! One night the navigator lost his way and we ended up heading towards a Japanese-held island, with no radar or any way of telling where we were or where we were going. When daylight broke there we were, heading right for one of the islands! The helmsman just swung the ship around and hoped for the best. don't think anybody on the islands noticed we didn't get shot at.

"I was on the tanker for nine months when we were told that 10 of us would be transferring within an hour to the island of Ulithia. When we got there we realized that we had it good on the ship. only thing we could get water from was the Army's "udder bags" which were made out of canvas. That was pretty gross! You learned to appreciate good ole' H²O and the FEBRUARY 1989

Navy's "drinking fountains"!

"The last ship I was sent to was a destroyer, the USS HERBERT J. THOMAS (DD-833), or "Dirty Herbie", as we affectionately called it. Though I was a Gunner's Mate, one of my main collateral duties was



Liberty call in bombstricken Hiroshima.

helmsman. The first day I was a board I was placed in aftersteering. informed me about what to do. They didn't give me any instructions at all, except the first class seaman told me, "When the iren blows, throw this switch and I will take care of the rest!" What he didn't tell me was that if I threw "this switch" it would put the ship's steering and controls completely out of control and the person at aftersteering would take over steering the ship! That didn't leave me in a very good position! So, when the siren blew (and it did blow, I guarantee you), I threw the switch that I was told to throw, and all hell broke loose! started going around in circles and the captain came over the 1MC and said, "Go to aftersteering, the ship Continued on next page.

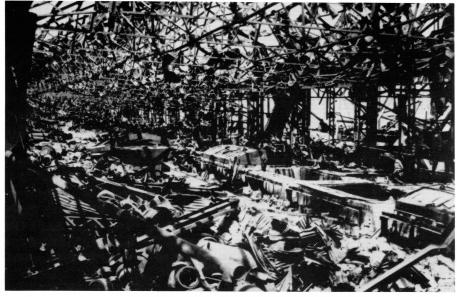


The city of Hiroshima after the "Big Bomb" was dropped. Notice the tree stumps in the foreground. Experts say that the same amount of force was expressed when Mount Saint Helen erupted, taking every tree and structure with it as it exploded. Photos by Ken Burkhard.

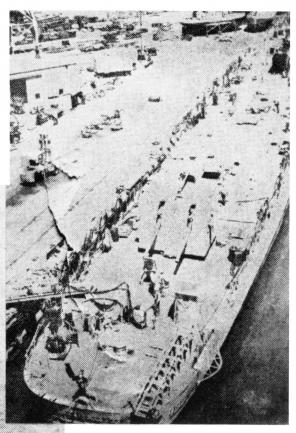
SPOTLIGHT CONT

is completely out of control!" Then everybody showed up in aftersteering all at once. I had never seen so many people fit into one compartment at the same time. When everyone found out what I had done, the executive officer took me up to the captain, explained what had happened, and, because this was only my second day onboard, let me off the hook. A couple of other people got chewed out though, and the gunnery officer had no great love for me after that incident. The gunnery officer really let the first

USS HERBERT J. THOMAS (DD-833) while still in commission during World War II.



Some of the structural damage done by the atomic bomb at Hiroshima shows its destructive power. Photos by Ken Burkhard.



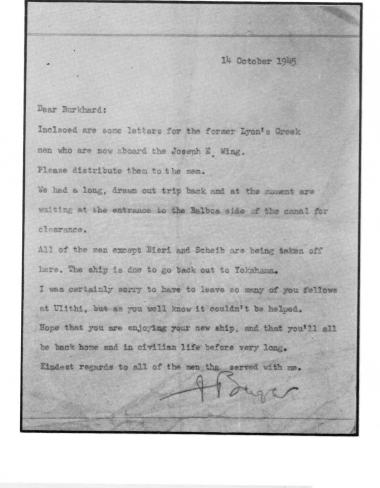
"Dirty Herbie" during refurbishing procedures at Mare Island Naval Shipyard.

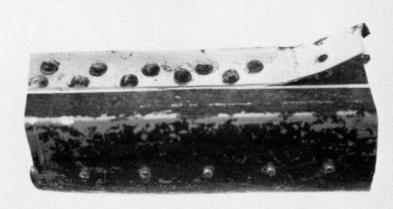
class seaman have it for letting someone with limited instruction be left to man the aftersteering. From that day forward I was helmsman on the bridge - they never let me go near the aftersteering again.

"When we were on our way from Guam to Saipan with two or three other ships a kamikaze pilot crashed his plane into one of us. I have a piece of the plane that did it, too. The thing that hit me

the most, when the war was over and we went on liberty at Nagasaki was the devastation caused by the "Big Bomb", as it was called then. Very few people knew about or called it the "Atomic Bomb". When we went ashore, nothing was said - or nobody knew - about residual radiation, or the after-effects of exposure to this type of bomb. The power of the bomb, its power to destroy, was what scared me the most. When you're at war and don't let anybody fool you - it's scary! Sometimes you were so scared that you cried and sometimes even laughed. If someone ever told me that he wasn't scared I would have called him a liar!

Ken was discharged from naval service in 1946.
Twenty-five years later, while working as a shipboard electrician, he was placed on a job which entailed gutting and refurbishing the USS HERBERT J.





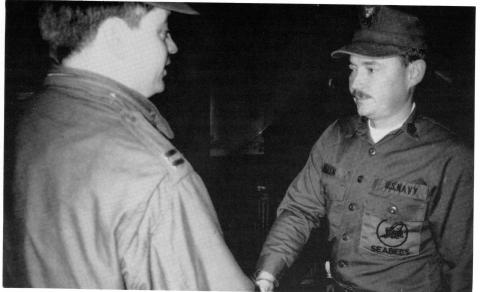
A piece of the kamikaze pilot's plane.



THOMAS, the very ship he was stationed on as a Gunner's Mate during the war. In 1961 he moved to Napa, California, where he now resides. As our civilian electrician he is an integral part of life here at Skaggs Island. Ken Burkhard, we appreciate you!

Japanese occupation money for the Philippines.

SEABEES EARN AWARDS



BU1 Steve Allen receives his Third Good Conduct Nedal.



BU3 Andy Dawson receives an M16 Marksmanship Medal.



WELCOME ABOARD!



ENS Triska



CTR2 Marie Emery

ATTITUDE IS EVERYTHING

You've been getting advice about safety for years. You've listened to it with one ear, but maybe you never thought about it much. Deep down, you may even

CECA Nunn receives an M16 Marksmanship Medal.

think "It can't happen to me." Then, your buddy Jack (who's in a hurry to get off work), has a bad accident. It costs him his hand.

The accident affects everyone - especially you. You can see what it means to Jack - physical pain, emotional shock, lost income... He'll have to

train for a new job, and his wife will work longer hours. Things are going to be tough for him and his family for a long time. After the accident, you notice your attitude at work has changed. You make a point of staying alert. You take extra time to use special equipment and procedures. You're more willing to take suggestions which might protect you.

Why wait for

this story to become real? A positive attitude toward safety will pay off in countless ways - saving you money, keeping your job, even saving your life. Why wait until you lose something precious before you realize how easy it would have been to save it? Now is the best time to develop a good attitude toward safety.

A Good Safety Attitude

How you deal with these elements adds up FEBRUARY 1989

to your safety attitude. A good attitude is a habit you can learn!

1. Focus. A good attitude means you are focused on the present task. How well are you concentrating? If something else is on your mind or an interesting conversation is going on



nearby, you may be distracted. If you're tired or bored, a slip is easy.

2. Time. A good attitude means taking time to do the job right. Sure, it takes longer to put on that extra equipment. But is saving a few minutes worth a painful injury? A good attitude also means managing your time well. It may help you to make a list of

what you need to do each day. Number the jobs going from most important to least. If you can do them in that order, you'll know you're doing the most important things and are less likely to rush.

3. Strength. No, we don't mean muscle strength. What we mean

is the strength to do what's right. Others may want you to take shortcuts or fool around. A good attitude means you have the strength to do the right thing.

Responsibility. If you care about yourself and others at work, you'll take responsibility even when a certain task "isn't my job". Wouldn't you appreciate it if someone had cleaned up that broken glass instead of leaving it for you to find as slivers in your hand?

good attitude means thinking of yourself as part of a team. Everyone helps make it a winning one.

5. Risk. There's no way to avoid all risks. (Just by getting in your car you're taking a chance.) But you can weigh the risks of doing a job in a certain way. Even if the risk is one in a thousand, it's not Continued on next page.

ATTITUDE CONT.

worth it. A good attitude means being smart and avoiding taking risks whenever you can.

Your Attitude Affects Everyone

Your attitude toward safety is a habit that affects everyone where you work and at home. We can always think of excuses for not acting with safety in mind, but in the end, it makes a lot more sense to have a good safety attitude.

Article from PARLAY INTERNATIONAL Edited by Rudy Massenzi, Safety Officer

SPORTS AWARDS



CTOC Steve Layne achieved first place in the Central Pacific Sports Conference 9 Marks competition. Way to go!

Congratulations to CTT1
Dan Norvell and CTM1
Dan Holt on their first
place finish in the
Islander Dart Tournament.



Congratulations to the Captain's Cup Flag Football champions! (LtoR) CTO2 Zmuda, MS2 McFadden, CTA3 Reiss, CTO2 Owens, CTT2 Rodgers, CTO1 Tolliver, CTO2 Huntington, and SK2 Ward.



The Dayworker Basketball Team Christmas Tournament Champions. Players (LtoR) CTRCM Erickson, CTA3 Mikulski, YN3 Hartley, MS2 McFadden, PH2 Jackson, CTA3 Fuller, and SA King.





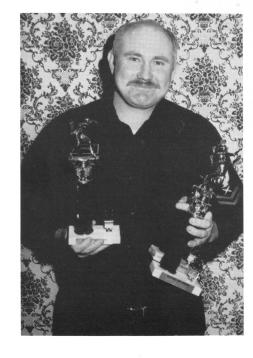
Congratulations to CTMC Rich Crane and CTMC Vince Meccia on their second place finish in the Islander Dart Tournament.



CAPT Ehret congratulates February's Room of the Month winners CTOSN Candi Blease and SN Elaine Hay.



FEBRUARY 1989



CTO2 Art Derose cleans up again this year with first place tropies for Tennis (doubles and singles), and Badminton. Way to go Art!



CTR1 Wil Vaughn swept the Table Tennis tournament and received a first place trophy for his skill.

LT Albin presents CTOC Gerry Boone with a Certificate of Enlistment during his reenlistment ceremony.



