



Shore-based Sailors Reenlist Aboard Ship



Three Bremerhaven Navy men reenlisted here last month under somewhat unusual circumstances. The shore-based sailors decided that they wanted to be shipped over "aboard ship," so they requested that the ceremonies be conducted aboard the "Seute Deern," a floating restaurant-museum moored at the Alter Hafen in downtown Bremerhaven.

Chief Communications Technician (T Branch) Donald Mickelsen and Communications Technician (R Branch) First Class Jere Robinson, both of NSGA Bremerhaven, reenlisted for a period of six years and two years respectively. Reenlisting for four years was Yeoman Second Class Michael G. Cheman of the Military Sealift Command, Eastern Atlantic and Mediterranean (MSCELM).

Administering the enlistment oaths were Captain Robert Rossell, commander of MSCELM, and Commander Thomas Bosworth, executive officer of NSGA Bremerhaven.

Although the "Seute Deern" is now a popular Bremerhaven landmark, the ship was built at Gulfport, Miss. in 1919.

Is NSGA Closing?

CO Queried By Wives During Panel Discussion

Wives of NSGA Bremerhaven personnel had the opportunity to present questions, complaints, and suggestions to their husbands' commanding officer last month during a panel discussion held at the Radio City Theater. Also taking part in the panel discussion were various officials representing the support facilities which serve military families in the Port City.

In addition to Captain John Jennings, commanding officer of NSGA Bremerhaven, the following military and civilian officials made up the panel: Commander Thomas Bosworth, NSGA Bremerhaven executive officer; Lieutenant Colonel Vincent Cedola, executive officer of the Army Hospital; Major Kenneth Davidson, facilities engineer; Captain Ben Marsh, family housing officer; Walter Nolte, Bremerhaven coordinator of the European Exchange System; and James Sleton, commissary officer.

The first question addressed to Capt Jennings was probably the one question foremost in the minds of all the wives present. It dealt with the rumored closing of NSGA Bremerhaven:

Q: I have heard rumors that the Navy and Marines are leaving Bremerhaven.

A: I guess that rumor's gotten around. I wouldn't pack if I were you. I first heard that rumor in 1960... and I've heard it almost annually since then.

Capt Jennings went on to state that it is usually at this time of year that such rumors originate due to the fact that it is at this time that budgets are

planned for the coming fiscal year. He commented further that Fiscal Year 1973 will be a "... lean year for the Naval Security Group... if it is a very lean year, they are going to have to look to the larger stations, and we happen to be one of the larger stations. However, I can tell you with complete truth that I know of no decision that will affect any large number of people at NSGA at this time."

In answer to a related question, Capt Jennings also said that "Your husbands will be told of any decision... as soon as that decision is made, and can be cleared through appropriate channels. But I'd like to reemphasize that no such decision has been made."

Three other questions were addressed to Capt Jennings during the remainder of the panel discussion:

Q: Shift workers (watch standers) work at least 42 more days a year than day workers, and yet they also have to go to lectures during their off time. What can be done about this?

A: I really don't know how to solve the problem. We have four watch sections, based on the number of qualified people we have to do our job, and I don't see how we can possibly arrange the schedule to give them any more time off.

As for the training, it would be very difficult for the men to have their training while standing watches, because each man has a job that requires his complete attention.

Q: I understand that there are more than enough men to take care of the jobs, and although you have said that (supervisors) can secure some men during watches, this is not done; men are just sitting there doing nothing.

A: The decision to secure a man from a watch is left up to the supervisor during that watch, but a supervisor also has to make sure that he has sufficient manpower to handle any emergency that might develop. Although I have said that some jobs require complete attention, they do not require continuous labor.

One wife, whose husband's rating had been involuntarily converted from that of Communications Technician (M Branch) to the Electronic Warfare rating, expressed the dissatisfaction of her husband and herself with the rating conversion.

In responding to the lady's comments, Capt Jennings said in part: "The Maintenance Branch of the CT rating presently finds itself in the unusual position of having more reenlistments than it can accommodate. At the same time, the Navy is trying to form the EW rating, and some of the most talented people who could make up that rating are currently in the CT (M Branch) rating. Previous efforts at voluntary conversion have been unsuccessful, so the Bureau of Naval Personnel has had to involuntarily convert some personnel to the EW rating."

7 Get 'Benny Suggs' Awards

During the first nine months of Fiscal Year 1972, seven NSGA Bremerhaven personnel submitted Beneficial Suggestions which were adopted, and for which they received a total of \$670 in award money. The following is a list of personnel who received awards, a brief description of each suggestion, and the amount of each award.

● Ltjg Charles Janda — establishment of an agent cashier at NSGA Toden-dorf—\$180.

● CTA2 Frank Crandall — revision of the procedures used to up-date Naval Security Group "Top Secret" clearances—\$100.

● CTT3 James Hall — compacting of the radioprinter page-print — \$140.

● CTT2 Clifford Williams — estab-

lishment of ice machines in the barracks—\$25.

● CTA3 Alan Bohanan (2 awards) — (1) establishment of dependent laundry facilities in the keller of Building 11 — \$25. (2) designation of an NSGA Bremerhaven ecology officer or advisor — \$25 (CTA3 Bohanan was designated ecology advisor).

● CTT3 Gerald Bradshaw — reduce the amount of copies used for monitor printer paper—\$25.

● CMCN Wallace Townsend (2 awards) — (1) implementation of a wench to safely handle tools while working on the roof of the emergency generator building—\$25. (2) installation of a stop sign near the entrance to the Building 2 Motor Pool.



SERVICE AWARDS—Captain John Jennings (left), commanding officer of NSGA Bremerhaven, presented "Sustained Superior Performance Awards" to three German employees on Feb. 18. Receiving the awards, which consisted of a certificate and cash award of DM400, were (foreground, left to right) Silke Krabbenhoft and Marianne Fuellmich, accounting technicians in the Fiscal Office, and Erich Schich, storekeeper in charge of the Supply Department warehouse. Looking on are (L-R) Bernhard Ebeling, budget and fiscal supervisor; Chief Storekeeper Michael Wolf, supply chief; and Lieutenant Lawrence King, supply and fiscal officer.

CO's Hot Line

Q: As a result of the Snack Bar newsstand being closed during the renovation of the Snack Bar, it is often difficult or impossible to obtain a copy of Stars and Stripes. This is clearly in violation of the inalienable right of every serviceman to see a daily newspaper. Since subscription delivery is not available to barracks residents, how about installing a self-service vender box on the Quarterdeck?

A: The vending type newspaper dispenser was tested in Southern Germany by Stars and Stripes and found to be unsatisfactory due to mechanical malfunction problems. The local manager is investigating the expansion of the hours of the Stars and Stripes newsstand adjoining the Post Exchange to compensate for the one in the Snack Bar. Further information on this will be announced in the Plan-of-the-Day. I am informed that the temporary Snack Bar is well-supplied with newspapers. If this is not the case, please contact Lt. Lawrence King, who is our central point of contact for exchange matters, and he will take prompt corrective action.

Q: Since the barracks watch sections are short-handed, why are they required to drive German employees home from the NCO Club after the club closes? Why can't the Army use one of their

duty drivers?

A: We volunteered to drive the NCO Club employees home as a condition to the club remaining open longer hours to accommodate our watch-standing personnel. The Army's position was that they would investigate to see if they had sufficient resources to share the load on a 50-50 basis. As a result, they have now agreed to share the load commencing March 13. Thanks for keeping us moving on this one.

Q: Why doesn't the Post Exchange stock Navy medals and ribbons? If this is not possible, could Navy Small Stores stock these items?

A: The Post Exchange stocks Navy ribbons. If the ribbon you desire is not in stock, they will special order it for you. Medals are issued; they are never sold in Exchanges. Ribbons are not Small Stores items.

Q: Why can't personnel in pay grade E-5 live off base and draw a Basic Allowance for Quarters (BAQ)?

A: Adequate berthing facilities, as defined by OPNAVINST 11012.2C, are available for all but chief petty officers. Therefore, there is no entitlement to BAQ for E-5s. You can, if you desire, live ashore in approved housing and not draw BAQ.

EES Notes

I would like to begin this month's column by thanking the NSGA Bremerhaven Public Works Department for the wonderful job they did in relocating and renovating the European Exchange System's Automatic Food Outlet within Building 2. The outlet had to be moved for operational reasons, and I was truly amazed by the speed with which the Navy completed the move. On behalf of EES, thank you for a job well done.

Since the Navy set up the new food outlet for us, we at EES would like to do something for the personnel that will be utilizing the outlet. Edward Hourigan, the chief of the Northern Germany Exchange Region (NOGER) Vending Branch "experimented" with a Hot Canned-Food Vending Machine last year and the test results were very favorable. As a result, EES Headquarters initiated procurement action for a number of these machines, and the Navy's Building 2 "keller workers" have benefitted by having one installed. The machine enables patrons to enjoy the delicious entrees served at a piping hot 140 degrees. By the way, should the vending machines in the food outlet fail to operate properly, please do not kick them. They are as innocent as you or I. Simply call the maintenance office at Mil. 3456, my office at Mil. 3079, or Civ. 82554.

The EES Cafeteria-Snack Bar Renovation Project should be completed by the end of this month. On or about March 30 the contractor and EES maintenance personnel from Frankfurt will be leaving the scene. They have proven to me that teamwork is the key to quality workmanship. At that time the cafeteria manager will take over operations once again, and his crew will give the cafeteria a thorough clean-up during the first 10 days of April. The exact grand opening date will be announced over AFN Bremerhaven, and my boss from Kaiserslautern will

be here on that occasion with golden scissors for the ribbon-cutting ceremonies.

Now I would like to ask you some questions about EES. Did you know that if you were to purchase a portable color television with 19-inch screen in the United States you would probably pay approximately \$420? That is the price listed in a stateside mail order catalog, and that amount does not include the shipping charge. EES offers an equivalent U.S. model from either of two famous-name American manufacturers for either \$306 or \$347. On the larger console models the savings is even greater — savings of \$200 or more can be realized on most models! Take advantage of these color TV bargains through the EES Special Order Department.

My second question is this: Did you know that EES buys only top-quality, name-brand

goods, and that a quality control officer at EES Headquarters monitors a rigid quality control program? Each year the search for defective merchandise is intensified as checks are performed at the factory level, at our warehouses, and finally at our stores before merchandise is placed on sale. However, I must admit that some defective merchandise does slip through, and this is where you come into the picture. If at any time you do not believe that you have received the quality of merchandise that you have paid for, or if you find your purchase to be defective in one way or another, let us know. Any EES personnel or myself will be glad to correct the situation to your satisfaction.

A few days ago I learned from our NOGER Information Branch that EES will be holding an auto show at two locations in Germany in the next few weeks. If you should be in Rhein-Main March 31 through April 2, or in Frankfurt April 7-8, don't miss it.

As you know, owners of automobiles with spiked tires had to remove such tires from their cars a few days ago, and before you begin your spring and summer driving you should play safe and check your regular tires before driving on them. The manager of the EES Auto Parts Store has assured me that his shop is well-stocked and that all demands for new tires can be filled.

Finally, I would like to thank the Windjammer editor for helping me to increase my typing abilities. After he convinced me that the Windjammer deadline must be met, I sat down during a Sunday morning at home and typed this column. Starting on my old, beaten-up typewriter with two fingers, I have now advanced to using four fingers. Big Improvement. Regardless, I enjoy writing this column and hope that you enjoy reading it.

By Walter Nolte

A Great Tradition . . .

The Navy. It's many things to many people — different things at different times. While it is the latest in modern technology, it is the continuation of a long and proud tradition.

The Navy is changing, in some respects rapidly. Yet like the sea, it is timeless. While the technology and hardware of the trade change at a rapid rate, the people whom the equipment serves are following in the same Navy tradition fostered in 1776 and the days of John Paul Jones.

The Navy's people are its tradition.

They carry on the old, or create the new, building traditions that are in time with today.

The Navy. It's more than ships at sea . . . it's a great tradition.

By Chaplain R. Alan Plishker

Serendipities

What is it Christians celebrate at Easter? For 20 centuries Christians have been affirming the Easter event when they repeat the words of the Apostles' Creed that states that "... on the third day He rose again from the dead; He ascended into Heaven and sitteth on the right hand of God, the Father Almighty." And for 20 centuries, the Church has been struggling to explain what it meant when it said that. Part of the problem is due to semantics, or the language used. Is the language factual or metaphorical?

It is easy for all of us to become lost in the details of the Easter story. We can become embroiled in discussion over the nature of the resurrection, the chemistry of death, appearances and disappearances, and other unexplained mysteries. Easter, however, is not the celebration of a scientific event, and far more important than the details of the Easter story is what Easter means for us.

To me the celebration of Easter means a celebration of the awareness that there is more to this universe than that with which we can experiment, see, measure, or define. Easter means that the destiny of men is not left to the hands of fate; that there is meaning and purpose which not even death can negate. We get a glimpse of that other dimension in Christ, where we see how a love relationship can bring new life.

Easter means a resurrected stance, a new encounter with our world. It means that God is alive in this world and because He is, His people have the potential of discovering a new quality of life — a life where hope confronts despair, where God's love overcomes man's sin, where truth conquers unrighteousness, and where love wins out over fear.



MAGGIE'S DRAWERS? — Many of our readers know that the flying of the "Roadrunner Flag" on the flagstaff of Building 11 indicates that a Windjammer has been reenlisted. Some might have been puzzled last month, however, upon seeing a pair of dungaree trousers flying under the flag last month. The flying of dungarees indicated the second reenlistment for that particular day. Who knows what will be flown if three people ever re-up in one day?



Commanding Officer Capt John S. Jennings, USN
Executive Officer Cdr Thomas C. Bosworth, USN
Public Affairs Officer CWO-2 Lyle I. Westrom, USN
Asst. Public Affairs Officer CTCS Bertrand P. Moquin, USN
Editor-in-Chief JO1 James E. Dorman, USNR
Editorial Assistant SN Randall L. Workman, USNR
Photographer PH1 Edwin D. Foote, USN
Photographer CTT2 Daniel H. Wheat, USN

The BREMERHAVEN WINDJAMMER is a monthly publication, printed by Stars and Stripes, Darmstadt, from appropriated funds in accordance with Nav-Exos P-35. The WINDJAMMER is a member of American Forces Press Service. Opinions expressed herein are those of the writer, and not in any case to be construed as Official or as reflecting the view of the Navy Dept. or the United States Department of Defense. Deadline date for submitting material to the WINDJAMMER is the last Monday of each month. For additional information, call Bremerhaven Windjammer, Mil. 3044.



JOSE FELICIANO—Bremerhaven fans of Jose Feliciano had the opportunity to see the popular singer perform when he appeared at Hamburg on March 5 on the last stop of his recent European tour. Blind since birth, the 26-year-old native of Puerto Rico has played the guitar since he was nine years old. Feliciano's success in the United States began with his hit recording of "Light My Fire" in 1968. To date, he has exceeded 86 million in record sales throughout the world for which he has earned 29 gold records.

Money Handling Tips Can Avert A Disaster

Most people bring financial difficulties on themselves through money mismanagement that could be avoided by practicing a few easy rules.

You can avoid the problems of overextending yourself financially by observing common-sense guidelines. Your "bill of credit health" may take a quick turn for the better in the process.

- Do pay cash wherever possible. By doing so you eliminate the payment of interest on a loan, and at the same time, earn dividends on the money you save for future purchases.

- Don't buy or borrow impulsively or regard credit as an alternative to saving (credit actually makes saving more necessary because it is a mortgage on future income).

- Do buy or borrow on credit when you can do so without overextending yourself, and when it is to your benefit to take advantage of bargain prices, to fill an immediate need for an item, or to avoid dipping into emergency savings.

- Don't borrow money or buy on credit without checking what the credit will cost. Know the cost in terms of dollars and cents, annual percentage rate and time earned. Service charges on a revolving charge account, stated as only 1½ percent per month, equal 18 percent or more per year. Credit is not always "easy."

- Do make as large a down payment as possible. Try to pay off your credit in as few monthly payments as you can because, even though the payments may be higher for a

shorter period, the total dollar cost of the credit will be lower.

Don't borrow for small amounts if you can avoid it. Frequently, the lower the dollar amount of the credit, the higher the annual percentage rate of interest.

- Do be sure you read and understand the contract. Be sure it tells you exactly what you are buying; the price; interest and service charges in dollars and annual percentage rate; total amount due and amount of the down payment; number of payments, amount of each payment, and due dates; and trade-in allowance, if any.

- Don't sign any contract or credit agreement unless all blank spaces on the form are filled in.

- Don't pay more for credit than you need to. Compare the interest charged by retail stores and credit card plans, banks, small loan companies, credit unions, and the like. You will probably find that your credit union comes out with the lowest interest rate.

The Navy Federal Credit Union has prepared two free booklets to aid service members in better understanding credit rates and budgeting your income — "The Truth About Credit Rates" and "How to Buy What You Really Want Through Dollar Discipline." They are available by writing NFCU, Washington, D.C. 20360.

(Editor's Note: Further information regarding the Navy Federal Credit Union may also be obtained by contacting the NSGA Bremerhaven Legal Office which is located on the second floor of Building 11).

Living in Germany

Easter Customs and Traditions

By Maria Wittig

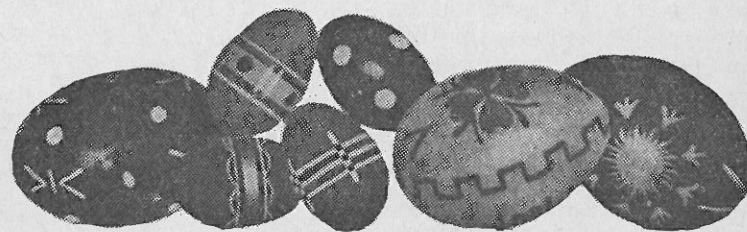
The most widespread Easter custom in Germany is that of coloring eggs. This deeply-rooted pagan custom originated as an ancient Germanic spring and fertility rite welcoming the approaching summer and ousting winter. The egg custom was adopted later by Christians.

The eggs are painted in gay colors, and often have drawings and happy Easter wishes on them. The coloring of eggs was originally a real peasant art in certain regions of Germany, most notably in Northern Hesse and Thuringia. For the colors a tea of gorse blossoms produced yellow, mallow blossoms blue, and spinach leaves green. Red came from a mixture of onion skins and vinegar.

The making of multi-colored eggs could be an intricate process. One method was to dip the whole egg in melted beeswax, then cut away the part you wanted dyed (say a series of scalloped rings to be made bright green). Then you would dip the egg in the dye, and once it had dried start the whole process over again, cutting away wax for another design (say an orange border for each of the green stripes). The result, once you had been through a number of steps, might be fit for a jeweler's window.

All this careful work presented some problems. These eggs are the sort of things one wants to keep, but eggs, unfortunately, do not mellow with age. The solution: make a small pinhole in each end of the egg and blow out the contents. That way you can eat your eggs and have them too.

Of course, coloring the eggs



is only half the fun for children, both in peasant times and today. In modern times the decorated eggs are hidden in the garden for the children to find, either on the Thursday prior to Easter or on Easter Sunday. The eggs may also be hidden anywhere in the house during inclement weather. Small children are told that the Easter Bunny decorated and hid the eggs for them.

Wheel of Fire

Germany's Easter doesn't really have much to offer of a touristic nature, but the fire wheels at Luegde certainly are a spectacular exception. Six oak wheels, each of them six feet in diameter, are stuffed with straw, ignited and sent rolling down a steep hillside on Easter Sunday night.

The men of Luegde push the six wheels to the top of the town's highest hill at around noon on Easter Sunday. They stuff each one with straw, and then go home to their Easter dinners, leaving only a few guards to make sure no prankster tries to set things off prematurely.

The spectacle gets started a little after 8 p.m., but you would be advised to get there earlier if the weather is good. This event has become famous in recent years, and draws quite a crowd.

Once it has become completely dark, the men nudge the first of the wheels to the edge of the hill, ignite the straw, and send it on its way. The wheel moves slowly at first, and wobbles. But it gains stability as it picks up speed on its way down the long hillside.

By the time it reaches the bottom, it is moving very fast, spewing sparks, and leaving behind a trail of fire like that of a comet. It is considered a good omen if the wheel comes to a stop still burning, but it is not permitted to burn long after that. The wheels are valuable and used over and over again each year.

Luegde is adjacent to Bad Pyrmont, which in turn is very near the Pied Piper city of Hamelin. The whole picturesque region, called the Weserbergland, is south of the autobahn connecting Bielefeld and Hanover.

One-day Adventure

Wherever you are planning to travel this spring, don't miss Celle located in the Lüneburger Heath (a two-hour drive from Bremerhaven). Celle looks like something out of a picture book; its old quarter, in a unique state of preservation, illustrates 500 years of the urban culture of Northern Germany. In every street and alley, ancient half-timbered houses, brightly painted, offer irresistible shots to the visiting photographer: views of intricate, branching beams; close-ups of the fantastic legends carved on them, which may be spiritual, comical, or coarse.

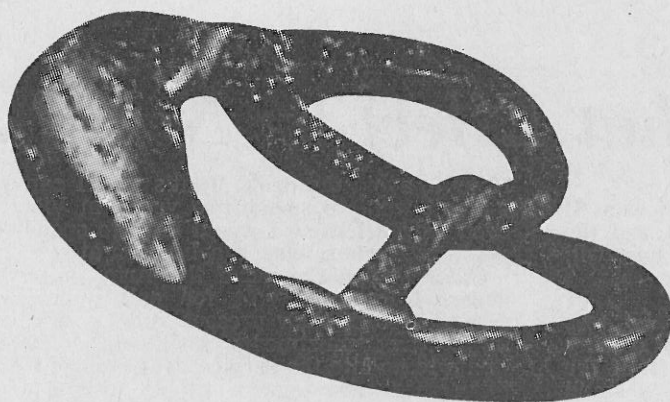
The castle of the Dukes of Brunswick and Lüneburg, and also of the Electors and Kings of Hanover (1292-1866), with its spacious suite of state apartments and its particular treasure, the formal ducal theater, the visitor's varied impressions culminate in the proud magnificence of courtly baroque.

Another attraction of Celle is the Bomann Museum, one of Germany's finest regional treasures. It features extensive exhibits illustrating the life of people on the Lüneburg Heath, as well as a major collection of uniforms.

Only a 10-minute drive from Celle is the Gothic convent of Wienhausen, built in brick nearly 600 years ago, which holds the world-famous tapestries embroidered by the nuns in about the year 1300.

Of course, these are only a few of Celle's attractions. If a visit to such a place sounds interesting to you, check with me prior to your trip; I have travel literature (in English), maps, photographs, and opening hours for many of the attractions. You are welcome to stop by my new office in Building 11 (Room 220) and pick up these items. My new phone number is Mil. 3556. (Portions of the above reprinted from Focus on Germany.)

It Was Once a Lenten Food



The season of Lent gave rise to a baked item that is commonly, though not quite accurately, attributed to Germany: the pretzel. It originated among Roman Christians, spread to Germany, and then spread from there to a number of other countries. The pretzel is made only from flour, water, and salt, with most other common baking ingredients (fat, milk, eggs, etc.) being forbidden during Lent. The Romans gave the pretzel its characteristic bend, reportedly to depict arms folded in prayer as a reminder of the Lenten season. They called the special bread "braccellae" (arms), which the Germans corrupted to "Brezel," which is the root of the English word. (Focus on Germany).

Pharmacologist Reveals

Mix of Simple Ingredients Can Kill!

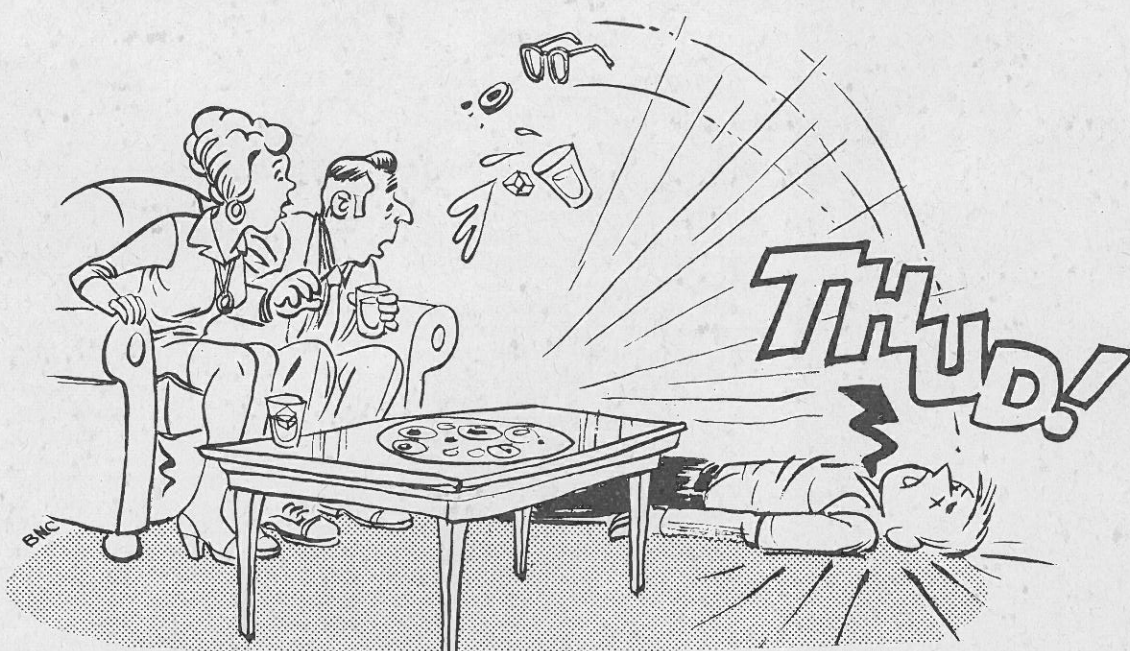
It doesn't have to be a wild party. It could be a pleasant relaxed evening of conversation, punctuated by some beer, Chianti wine, portions of aged cheddar cheese, and some pickled herring ... and you could inadvertently commit suicide or kill a friend.

None of those snack ingredients is dangerous by itself. But all of them are dangerous to a person undergoing some kinds of medication.

This is the essence of a development in the science of pharmacology discussed recently by Dr. Alvin Felmeister of the Rutgers College of Pharmacy. His specialty is the study of drug action. And drug action now is more frequently recognized as an interaction with other substances consumed by people.

"Awareness of drug interactions has developed only in the past five years," Dr. Felmeister said, "and the medical and pharmacy professions still have not decided whose responsibility it is to watch the patient because the average patient has not the training to understand that he might be placing himself in danger."

Perhaps the classic situation is the one used as the example at the beginning of this story. A group of chemicals called **pressor amines** develops naturally in the creation of beer, Chianti wine, aged



cheese, and pickled herring, but pressor amines can be totally disregarded by the person not undergoing medication.

There is also a group of drugs called MAO inhibitors (the letters stand for "monoamine oxidase," which is an enzyme). MAO inhibitors are common in anti-depressant drugs, and may have been prescribed by a physician for a depressed patient. MAO inhibitors are also in drugs prescribed to keep blood pressure from rising.

Let's assume you invite a friend who's been depressed lately in order to cheer him up. And there's the array of beer and Chianti, aged cheddar, and pickled herring ... a modest snack loaded with otherwise innocuous pressor amines.

The pressor amines oppose the action of the MAO inhibitor, which is stopped cold in the body of the patient. The anti-depressant drug, or the drug to reduce blood pressure, stops working in your friend's system. Serious depression sets in, or blood pressure leaps upward, and you have a medical emergency on your hands when all you were anticipating was a quiet evening of conversation.

The reaction between pressor amines and MAO inhibitors is only one example of a rapidly expanding body of experience on the interaction of therapeutic chemicals with other substances taken into the body. The problem has its origin partly as a result of the

modern habits of patients.

"People don't go to just one drug store any more," Dr. Felmeister pointed out, "nor do they go to only one physician. There's no place where the drug intake of a patient is kept as a complete record."

He emphasized that this was only part of the problem.

"People buy countless millions of dollars worth annually of over-the-counter (non-prescription) drugs at supermarkets and drug stores, and these drugs are part of the total supply they dump down their throats to react with each other in the stomach."

"Then they have a cocktail and the alcohol is still another drug ingested for good measure to add to the mix," Dr. Felmeister said.

He used the common example of the antihistamine in any common cough or cold remedy, which is known to interact with alcohol.

"A self-medicating individual following the dosage directions for the cold remedy may decide to stop in a bar for a drink."

"The alcohol intensifies the effect of the antihistamine, which also happens to be an ingredient in sleeping pills sold over the counter. So we have a drowsy cold sufferer on our hands who is going to get into his car and proceed to be a menace on the highway."

"The list of known interactions between drugs and other substances is a long one. Some substances interfere with drug action, others intensify the action. There's too much for the layman to know without a background in pharmacology. What's important is to understand what he should be telling his physician or asking his pharmacist, in order to avoid unexpected reactions."

"The community pharmacist is available to make judgments, but he can't guess without information about drinking habits and knowledge about other medications people take."

"It's easier to stay alive if the right people know the facts about your medication, habits, and physical condition," Dr. Felmeister concluded. (AFPS).

Telling It Like It Is

VOLAR: What Effect on Navy?

By SN Randall Workman

The question for this month's column was: If the United States eliminates the draft and the Army goes to an all-volunteer force, how will the Navy be affected?"

I received the following answers:

CTR1 Kenneth Royer: There will be less people coming into the Navy. Many are coming into the Navy now because of the draft. If the draft is eliminated, you will still have a small number coming in for various reasons, but the total number will drop drastically. The quality of the men will definitely go down; we won't get the number of college men that we have today.

MM2 Johnny Warford: Maybe the number of college guys in the Navy would drop, maybe not. You're still going to have your academy people and ROTC people who will want to make a career of the Navy. The way it is now, you get the guys coming in because of the draft and, nine times out of ten, they don't care if they help the service or not.

LT Lawrence King: I see two effects. First, I think it will make a better service. People will want to come in; they will want to take advantage of the training, and they will do a better job in the end. I also see a lot more money going into personnel service functions such as the barracks. The next point I see is bachelors getting a Basic Allowance for Quarters (BAQ) the same as married personnel.

PNSN Terrance Ryan: The Navy would be hurt drastically. Most young guys come into the

Navy to avoid the draft. That's why I came in. I didn't want to spend two years in Vietnam, even though I knew I would have to spend four years somewhere else, maybe even at sea.

CTR3 Lucian Cayce: If the Army no longer depended on the draft for enlistments, and things were in their present state of affairs, I think Navy enlistments would drop. Nobody wants to go into the service as it is now. I don't think there are enough people around today who want to stay in the service for 20 years.

CTTC Wilbur Wright: Before the services will get people to come in, they will have to improve such things as housing, barracks, and other facilities. As far as the pay goes, it's O.K. as it is now.

CTRSN Evan Wasserman: They wouldn't have me, I can guarantee you that. I do not feel that they can make the service attractive enough to cause educated people to enlist.

CTT1 Thomas Hall: I am opposed to the draft because I think that it's a violation of human rights. I do not believe that the elimination of the draft would have any lasting effect on Navy enlistments. Look at the Marines Corps; it's considered to be the toughest of all the services, and yet they are not suffering from any manpower shortage.

CTACS Ronald Edmondson: If the Army became an all-volunteer force, I believe that the Navy would have to go to a draft. I don't believe people would come into the Navy voluntarily because, now, most of our people joined because they were afraid of being drafted.

DO I KNOW YOU CAN VOTE
WHEN YOU'RE 18 YEARS OLD?
NO, BUT IF YOU'LL HUM A
FEW BARS...



Your Vote—Your Voice



MISS WINDJAMMER — The March Miss Windjammer is lovely Diane Twar who is shown here lying in the cool green fern found in St. Petersburg, Fla. Someone should tell Diane that Bremerhaven has cool weather the year round.

The Big Beat

By SSgt Dave Stewart

The Army's early-out program has depleted many organizations of their manpower, and has forced many support activities to eliminate certain programs. AFN Bremerhaven has been no exception, and approximately 50 percent of our activities has been affected by early-outs. Local AFN staffers are currently trying desperately to keep up with our busy broadcast schedule. As you will recall if you have been here since last August, we have increased the amount of programming originating locally during the last seven months.

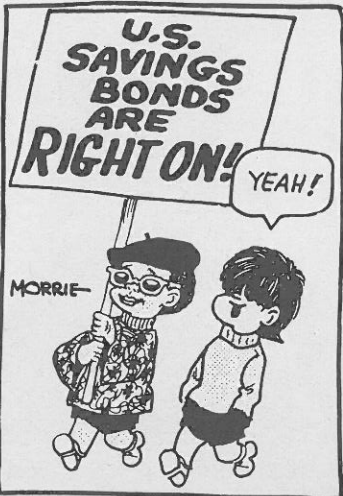
Presently, all of our disc jockeys are pulling two shifts a day, and when SP4 Gary Roberts departs in June it may be necessary to cut back our local programming if a replacement is not on board. During the past couple of months AFN Bremerhaven has lost four staff members and gained one — SP5 Joe D'Alusio.

With regard to another matter, "Sorry" is all we can say to those few persons who have been upset because we will not accept "Swap Shop" advertisements over the telephone. There are a couple of reasons why we cannot do this. First of all, by refusing to accept telephonic advertisements, we eliminate for all practical purposes cases of unauthorized individuals trying to sell someone else's furniture or automobile. Don't laugh, it's happened in the past and is usually attempted as a prank. Such a prank, however, could prove embarrassing to you if someone stops by your apartment to buy the car you didn't know you were selling.

Secondly, with only three people here, we do not have time to sit down and take information over the telephone. So, if you have something you want to sell, we must ask that you write out your advertisement and bring it by the station. Speaking of the "Swap Shop," for some reason it has been expanding lately. Perhaps the Navy's "Rumor Control Officer" could investigate the situation and find out the reason for the sudden expansion.

Along other lines, SP4 Roberts and I had the pleasure of rapping with Jose Feliciano when he appeared at Hamburg this month. Not having time for politics, Jose is a real down to earth guy, and an extremely talented artist and musician. Also in the area of celebrities, Gary talked with Rory Gallagher late in February. Rory performed formerly with the rock group "Taste."

WEE FOLKS



Campus Capsule

By CTTCS Bertrand Moquin



This month I will discuss a topic that should be of interest to every serviceman: the G.I. Bill Educational Training Program.

Those eligible include veterans who served on active duty for more than 180 days, any part of which occurred after Jan. 31, 1955, and who were separated under conditions other than dishonorable, or who were released from active duty after Jan. 31, 1955, for a service-connected disability, and servicemen on active duty in the Armed Forces who have served on active duty for at least two years and continue on active duty.

An approved educational institution may include any public or private secondary, vocational, correspondence, or business school, junior or teacher's college, normal school, college or university, professional, scientific or technical institution, or any other institution furnishing education at the secondary level or above.

Monthly payments available to veterans enrolled in school courses are as follows:

| Type of Program | Number of Dependents | | | |
|-----------------------------------|----------------------|--------|--------|-----------------|
| | 0 dep. | 1 dep. | 2 dep. | Each Additional |
| Institutional: | | | | |
| Full Time | \$175 | \$205 | \$230 | \$13 |
| Three-quarter Time | 128 | 152 | 177 | 10 |
| Half Time | 81 | 100 | 114 | 7 |
| Cooperative Training: | | | | |
| Full Time | 141 | 167 | 192 | 10 |
| Farm Cooperative Training: | | | | |
| Full Time | 141 | 165 | 190 | 10 |
| Three-quarter Time | 101 | 119 | 138 | 7 |
| Half Time | 67 | 79 | 92 | 4 |
| Apprenticeship OJT: | | | | |
| First Six Months | 108 | 120 | 133 | |
| Second Six Months | 81 | 92 | 105 | |
| Third Six Months | 54 | 66 | 79 | |
| Fourth Six Months | 27 | 39 | 52 | |

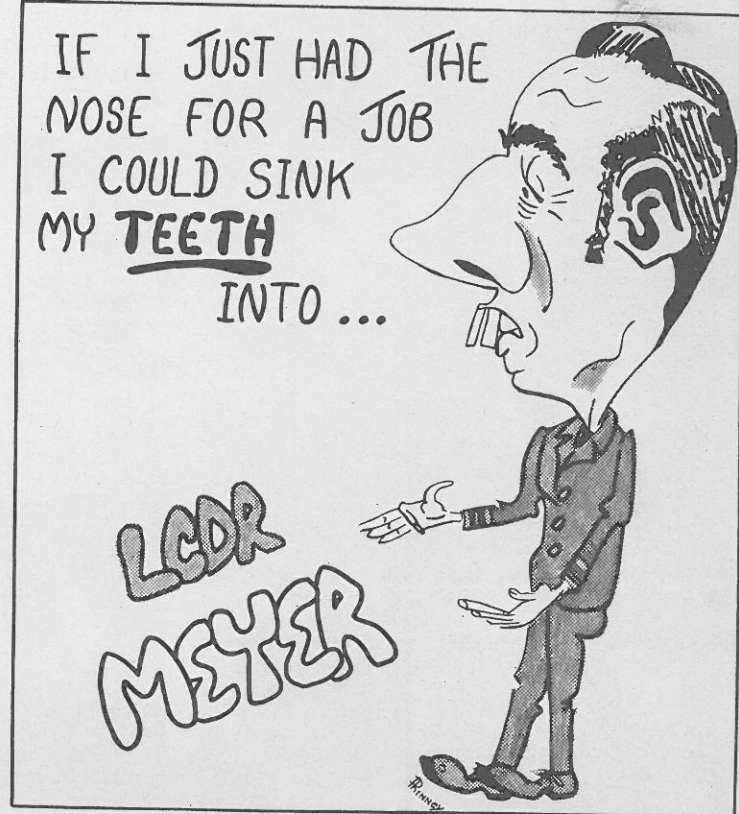
Correspondence and Flight Monthly Entitlement \$175
Active Duty, Less than Half Time: Not to exceed \$175.

Full-time institutional training consists of 14 semester hours or the equivalent; three-quarter-time consists of 10 to 13 semester hours or the equivalent, while half-time training is 7 to 9 semester hours or the equivalent.

Application forms are available at all Veterans Administration offices, active duty stations, and American Embassies in other countries. Veterans must submit a copy of their separation document, DD Form 214, with the application. Active duty personnel must submit a Statement of Service from their commanding officer of designate. To receive additional allowances for dependents, a certified copy of the public record of marriage, birth, etc., should accompany the application.

If you desire further information regarding your G.I. Bill educational benefits, feel free to contact me at the Educational Services Office, Room 227, Building 11. I have a complete listing of VA regional and local offices for your particular area of the United States. See you around campus, and have a happy April Fool's Day.

Phinney-graph No. 14



LCdr Donald Meyer

Final Score: 63-51

Bravo Falls to Hospital in Port Tournament

By CT03 Dennis Devaney

The showdown for Port City basketball supremacy between Bravo Section and the Army Hospital was fought out in a close contest on Feb. 18. Both teams were up for the deciding match, and they came out fast trading baskets from the opening whistle.

During the first half the lead seesawed back and forth, and neither team was able to open up a commanding lead, but as the first twenty minutes of action drew to a close, Bravo hit a cold spell and the Hospital team capitalized, walking into the locker room at half-time with a 29-24 lead.

In the second half some costly turnovers and misses on key shots dropped Bravo further behind, and forced them to play catch-up basketball. Hospital stayed with their game plan and added 34 points to their tally during the second period. This proved enough to secure a 63-51 victory over the Bravo squad. The Hospital team was led by Mayo with 20 points, Rhodes with 16, and Powell with 12. For Bravo, Rowe paced all scorers with 22 points, while Rogers added 10.

In the preliminary tilt that decided second place in Captain's Cup standings, Charlie Section outdistanced the Marines by a score of 57-47. Charlie used to advantage a balanced scoring attack led by Birk with 21 points, Reckner with 15, and Poole with 14 to overcome the Marines whose only double figure scorer was Melody with 21 points.

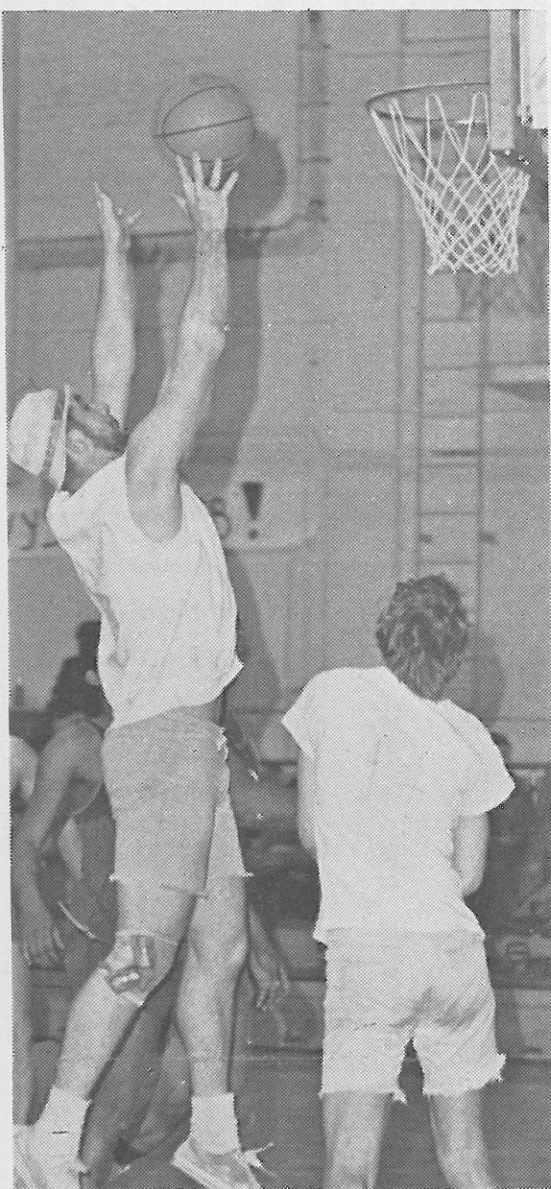
In a late development, the basketball season was stretched out one extra game so that Army and Navy all-stars could meet Feb. 27. The game was played in Gym 103 before a near-capacity crowd. It was an even match for the entire 40 minutes of play. Throughout much of the game, the Navy all-stars maintained a five-to seven-point lead, but with about four minutes to play the Army team caught up, and then with only a minute and a half left in the game, the Army gained a one-point lead. The Navy five had a shot at victory with 30 seconds remaining, but a missed shot and a foul during the scramble for the rebound gave the Army a chance to widen their lead.

The Army team converted on the foul shot and held a two-point lead with nine seconds left. A last Navy effort fell short as time ran out and the Army all-stars registered a 60-58 victory.

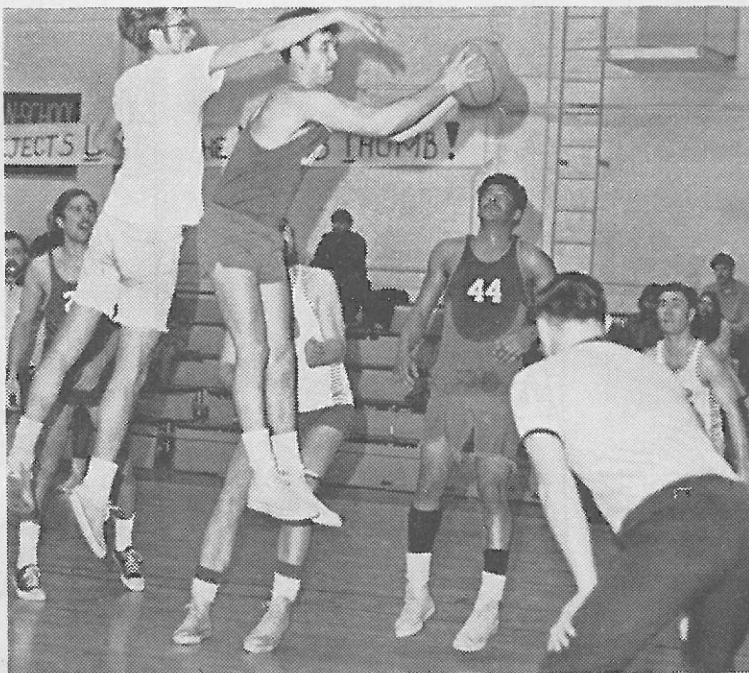
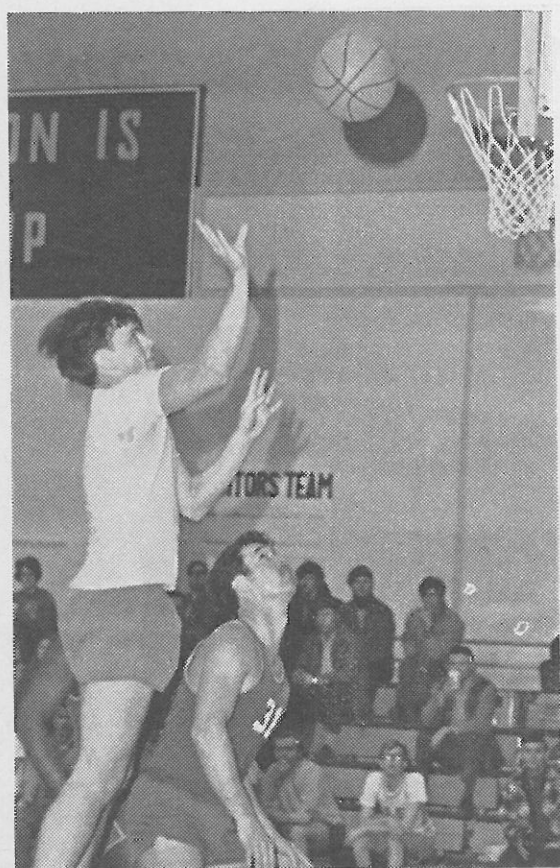
The Army all-stars were paced by Mayo's 16 points and 14 rebounds, and strong efforts by Johnson, McGee, Rhodes, and Peacock. For the Navy five, Rowe, Donley, and Featherer were high-point men.

Captain's Cup points for basketball competition are as follows: Bravo, 100; Charlie, 90; Co. "F", 80; Delta, 70; Alfa, 60; and Day Workers, 50. With the conclusion of basketball, participants in 1971-72 Captain's Cup competition have the following point totals for all sports completed to the present time: Day Workers, 315; Charlie, 305; Delta, 305; Co. "F", 290; Alfa, 285; Bravo, 270; and Officers-CPOs, 130.

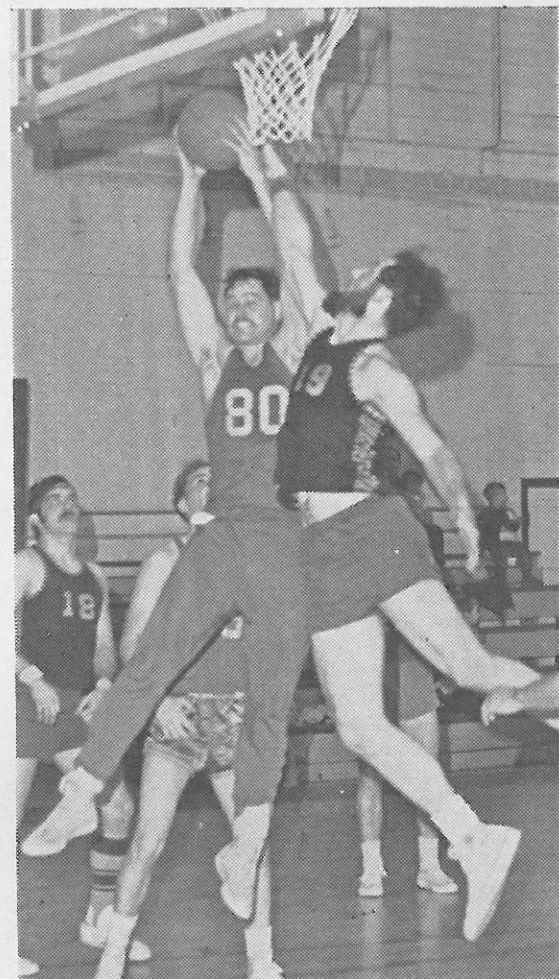
With the close of the basketball season, sports enthusiasts can now look forward to another softball season which is tentatively scheduled to get underway on April 30.



BRAVO VS. HOSPITAL—(Top Photo) Bravo Section's Rowe (left) takes a shot during the Feb. 18 contest with the Army Hospital as teammate Friedrich looks on. (Bottom Photo) Hayes of Bravo makes his bid as Hospital's Peacock awaits the rebound. The Hospital team, led by Mayo who secured 20 points, deprived the Navy of the Port City Championship by downing Bravo 63-51.



MORE BRAVO-HOSPITAL—Hospital's Peacock takes a rebound and is harassed by Friedrich of Bravo Section.



CHARLIE VS. MARINES—(Top Photo) Donley of the Marines (80) and Charlie Section's Birk (19) clash under the net during their Feb. 18 tilt that decided second place in the Navy's Captain's Cup competition. Charlie outdistanced the Marines 57-47. (Bottom Photo) Donley out-hustles Birk for the ball. Other Marines are Prince (14) and Durnavich (85).

